

THE DELWOOD VIEWS



September 2024

Delwood Fall Festival

free fun for the whole family

Saturday September 28

1 - 5 pm

Children's Bike Parade
Free Hamburger & Drink (1 per person)
Wrestling Performances
Bounce Castles & Obstacle Course
Petting Zoo
Face Painting
Maze by Fundraiser Feight
Delwood Membership Sales
Costumed Characters
Indigenous Drum Circle
Premier Martial Arts Demonstration
Drop-in Self-Defense Demonstration
Fire Truck and Garbage Truck on site

6 - 9 pm

All Ages Family Dance
Paid Concession
Beer, Coolers & Pop

9:30 pm

Fireworks in Delwood Park



Edmonton

For more specific information
and event times, visit
delwood.ca/events

2024/2025 Delwood Community League Executive

PRESIDENT Erin Hunt
president@delwood.ca

VICE PRESIDENTS
Administration Stacy Telder
vp-admin@delwood.ca

Operations Pat Hunt
vp-operations@delwood.ca

TREASURER Darlene Clark
treasurer@delwood.ca

SECRETARY Victoria Powluk
secretary@delwood.ca

DIRECTORS
Civics VACANT
civics@delwood.ca

Communications Nathaniel Soroohan
communications@delwood.ca

Facilities John Telder
facilities@delwood.ca

Fundraising VACANT
fundraising@delwood.ca

Membership Erica Hunt
membership@delwood.ca

Program VACANT
program@delwood.ca

Seniors Liaison Josie Palosky
seniors@delwood.ca 780.476.7803

Sports Allison Scott
sports@delwood.ca

Delwood Community League

7515 Delwood Road
Edmonton, AB T5C 3A9
contact@delwood.ca

delwood.ca

 facebook.com/delwoodcommunityleague
 instagram.com/delwoodcommunityleague

Executive Meetings

Delwood Community League Executive meets the third Monday September - June at 6:30 p.m.

Delwood residents who have questions or ideas to share are welcome to attend a meeting or contact a member of the executive.

Delwood Hall Rental Info

	Non-member or Associate Member	Delwood Resident Member
Sunday to Thursday <i>Damage Deposit</i>	\$400 \$400	\$300 \$300
Friday or Saturday <i>Damage Deposit</i>	\$500 \$500	\$400 \$400
Full Weekend Friday 4 pm to Sunday 4 pm Parking lot not available until Friday at 4 pm during the school year <i>Damage Deposit</i>	\$1000 \$500	\$900 \$500

For more information on our hall, or to make a booking, contact our Hall Coordinator:

Chantal Chinni

delwood.ca/hall
hall@delwood.ca

Yoga & Meditation

at Delwood Hall

Every Wednesday 7:00 - 8:15pm

Perfect for beginners and yoga enthusiasts alike

Sakalya yoga follows many of the principles and techniques of ancient practices in that it is inclusive of Mantras (chanting), Mudras (gestures and hand poses), Meditation, Asana (body postures and flows) and Kriyas (a technique or action that leads to liberation). Kriya removes energetic blocks, increases energy and enlivens the nervous system.

All you'll need is a yoga mat, a cushion, some water and willingness.

Non Community League Members
\$20 drop-in

Community League Members:
\$18 drop-in
\$85 for 5 classes
\$160 for 10 classes



LEarn more at delwood.ca/yoga or email YEGsakalya@gmail.com

The Delwood Community League
is in need of volunteers to
help at our upcoming
evening bingo dates:

**VOLUNTEERS
NEEDED!**

Your contributions are invaluable!

Fort Road Bingo

Wednesday September 25
Wednesday October 30
Saturday November 9
Wednesday December 11

Kensington Bingo

Saturday October 19
Saturday November 2
Saturday December 21

If you are able to lend a hand,
please visit
delwood.ca/volunteer
or email **hall@delwood.ca**

Seniors: what can the Delwood Community do for you?



Do you have suggestions or
ideas for activities, events
or classes for seniors in the
Delwood Community?

Could Delwood be serving
you better?

Contact your Seniors Liaison,
Josie Palosky, at

780-476-7803 or
seniors@delwood.ca
to share your thoughts.



**BEGINNERS
WELCOME!**

**Tuesdays &
Thursdays**

Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall (7515 Delwood Road). **JOIN TODAY!**

For more information or to register call

780-238-KICK (5425)

visit us online on Facebook or at **premierma.net**

Little Dragons Program

5:30 - 6 pm

Ages 4 - 5

- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

Kid's Classes

6 - 6:45 pm

Ages 6 - 14

White - Yellow

- This program teaches focus, discipline and better learning habits through routines
- Gain leadership skills through teamwork exercises
- Acquire confidence through self defense

6:45 - 7:30 pm

Orange - Brown

Adult Classes

8 - 8:45 pm

Ages 15+

- Training fit to your needs
- Great exercise through high energy classes
- Good stress reliever

ONLY \$100/month. Community League Members who work a volunteer shift receive a one time \$75 credit.

START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!

TELSCO

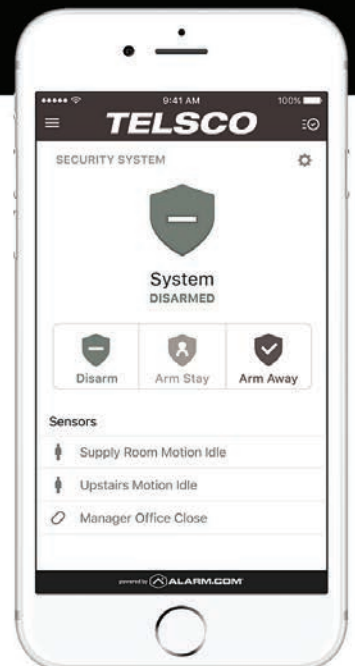
SECURITY • FIRE • VIDEO • ACCESS

Protecting our Community Since 1970

Smart Security for your Home and Business

- ✓ Alarm Systems
- ✓ Video Cameras
- ✓ Video Doorbells
- ✓ Home Automation
- ✓ Monitored Smoke & CO Detectors
- ✓ Flood, Freeze & Sump Monitoring
- ✓ Edmonton Monitoring Centre
- ✓ For New or Existing Security Systems

780.424.6971 • telsco.com



Delwood Community League

MEMBERSHIP PERKS

Purchasing a Delwood Membership is one of the best ways to support your local community league, and includes plenty of perks, including:

- Free Ice Skating
- Free Community Swim
- Free membership at the Edmonton Tool Library (EdmontonToolLibrary.ca)

Delwood Community League Discounts on:

- Sponsored Programs & Events
- Hall Rentals
- Table/Booth Rentals

Other Discounts include:

- City of Edmonton's sports and fitness facilities for Community League Members:
 - Annual Pass -20% off Adult, Family, Child, Youth or Senior Annual Passes
 - Continuous Monthly Pass -20% off using Pre-Authorized Debit Program
 - Multi Admission Pass -15% off multi-admission pass (starting at 5 visits)
- Discounts with many local businesses

Purchase your 2024-2025 Membership (September 1, 2024 - August 31, 2025) today online at delwood.ca/membership, by emailing membership@delwood.ca, or by visiting us at one of our in-person events.


Delwood
a great place to grow
MEMBER

\$10
for a **seniors**
household

\$25
for a household
up to 2 adults

Snow Removal Service in Delwood

Delwood provides a match-up service between people who need snow removal and people who provide snow removal.

If you provide a snow clearing service or are a student looking to make some winter cash, add your name to our list.

If you are in need of snow clearing assistance, call and we can connect you!

Phone 780.475.6806
and leave a message; or email
seniors@delwood.ca



Community Cafe

WEDNESDAYS

7:00 pm

Starting November 20

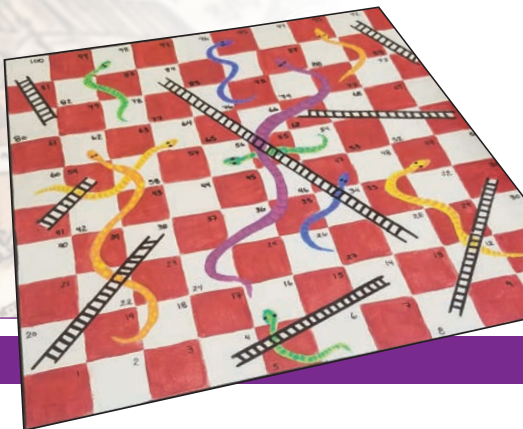
drop-in
— **FREE** —

Join us at the
Delwood Rink Shack

for board games, cards, social
activities, light refreshments, and
community time perfect for all ages.

Meet your
neighbours and
make new friends!

Memberships will be sold
at the Community Cafe



Fundraiser Freight **BOTTLE DRIVE**

**SATURDAY
SEPTEMBER 21**

11:00 AM - 4:00 PM

Behind Delwood Rink



Soccer Director Needed

Delwood is looking for a Soccer Director to kickstart its new youth soccer program.

Contribute to your community and help provide valuable sports experiences to youth in Delwood.

Delwood's soccer program cannot go forward without your help.

If you are interested in being Delwood's next Soccer Director, or would like more information, please email **sports@delwood.ca**



FUNDRAISER FREIGHT ANNUAL FRIGHT NIGHTS

Oct 19	6:30 - 10:30 pm
Oct 20	6:30 - 9:30 pm
Oct 25	6:30 - 10:30 pm
Oct 26	6:30 - 10:30 pm
Oct 27	6:30 - 9:30 pm
Oct 31	6:00 - 9:30 pm
Nov 1	6:30 - 10:30 pm

SOFT OPEN 5 - 6:30

To take a closer peek at the inside of
the castle with the lights on, less scares.
More actors come out as it darkens

7515 Delwood Rd at Delwood Community Rink



\$5 PER PERSON

cash | e-transfer | credit
fundraiserfreight@shaw.ca

FAMILY NIGHT

Oct 18 | 6:30 - 9:30 pm | Buy 1 get 1 Free

Very limited scare actors

FAMILY NIGHT ONLY



**Alberta Health
Services**

*Emergency
Medical
Services*



Back to school safety

Alberta Health Services EMS would like to remind parents and students of safety tips as the school year begins again this fall. Pedestrians and motorists both have a key role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all vehicles have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

www.albertahealthservices.ca



Please join us at our annual

Delwood Christmas Craft Sale

SATURDAY NOVEMBER 23
10 a.m. - 4 p.m.

Sell your own handmade crafts!

Book a table today by visiting
delwood.ca/tables
or by emailing Kathleen at
k.ruelling@gmail.com

TURKEY

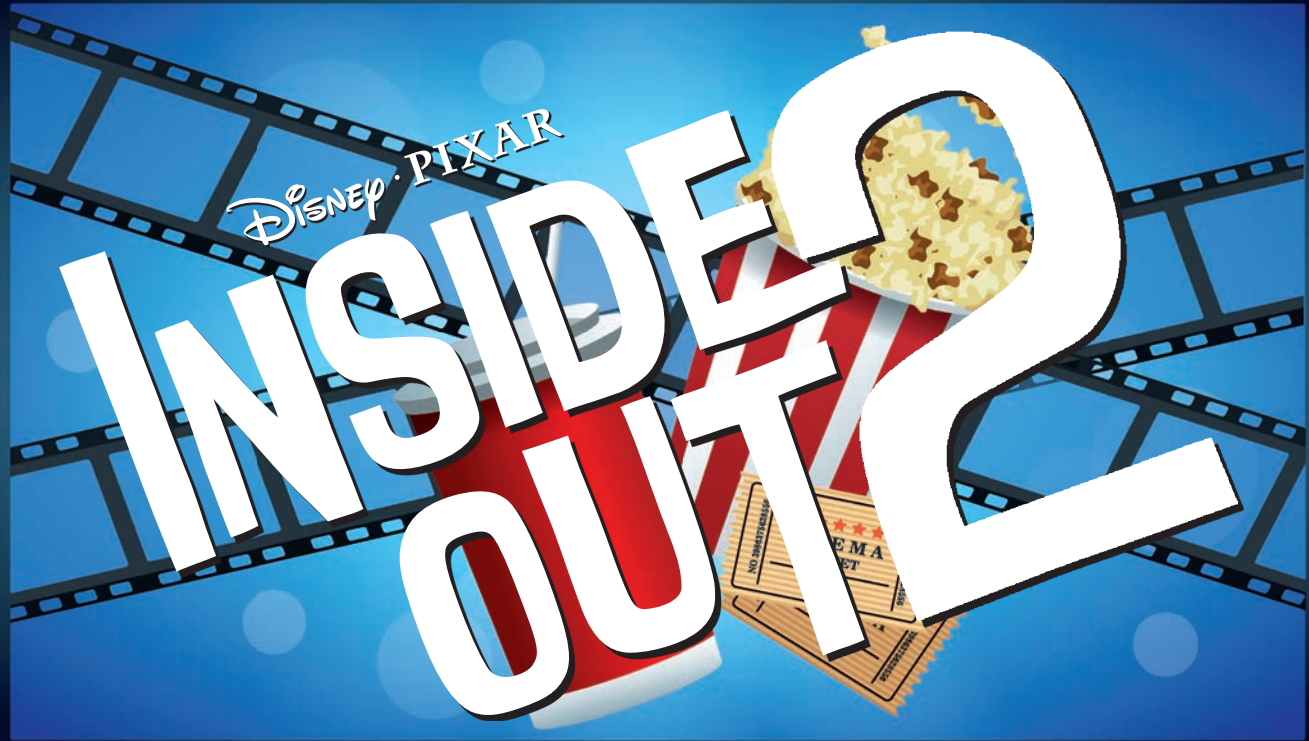


BINGO!

Sunday, December 8
Delwood Hall

Doors open at NOON Bingo begins at 1 pm
PLENTY OF PRIZES!

The Delwood Community League presents



a FREE Family Movie Night

FRIDAY, OCTOBER 11 • 7 pm
Delwood Hall

Popcorn & snack concession with debit, credit, and cash

