

THE DELWOOD VIEWS



March 2024

DELWOOD
COMMUNITY
GARAGE
SALE

& PLANT SALE

at Delwood Hall



SATURDAY
May 25
2024
10 am - 4 pm

FIND THE TREASURE YOU NEVER KNEW YOU NEEDED!

Concession on site | Membership sales

Jumpstart your garden
this spring & support your
community with flowers
and vegetable plants

Plants grown by:



**WALLISH
GREENHOUSES**
A Family Tradition Since 1919

2024/2025 Delwood Community League Executive

PRESIDENT Erin Hunt
president@delwood.ca

VICE PRESIDENTS
Administration Stacy Telder
vp-admin@delwood.ca

Operations Pat Hunt
vp-operations@delwood.ca

TREASURER Darlene Clark
treasurer@delwood.ca

SECRETARY Victoria Powluk
secretary@delwood.ca

DIRECTORS
Civics VACANT
civics@delwood.ca

Communications Nathaniel Soroohan
communications@delwood.ca

Facilities John Telder
facilities@delwood.ca

Fundraising VACANT
fundraising@delwood.ca

Membership Erica Hunt
membership@delwood.ca

Program VACANT
program@delwood.ca

Seniors Liaison Josie Palosky
seniors@delwood.ca 780.476.7803

Sports Allison Scott
sports@delwood.ca

Delwood Community League

7515 Delwood Road
Edmonton, AB T5C 3A9
contact@delwood.ca

delwood.ca

 facebook.com/delwoodcommunityleague
 instagram.com/delwoodcommunityleague

Executive Meetings

Delwood Community League Executive meets the third Monday September - June at 6:30 p.m.

Delwood residents who have questions or ideas to share are welcome to attend a meeting or contact a member of the executive.

Delwood Hall Rental Info

	Non-member or Associate Member	Delwood Resident Member
Sunday to Thursday <i>Damage Deposit</i>	\$400 \$400	\$300 \$300
Friday or Saturday <i>Damage Deposit</i>	\$500 \$500	\$400 \$400
Full Weekend Friday 4 pm to Sunday 4 pm Parking lot not available until Friday at 4 pm during the school year <i>Damage Deposit</i>	\$1000 \$500	\$900 \$500

For more information on our hall, or to make a booking, contact our Hall Coordinator:

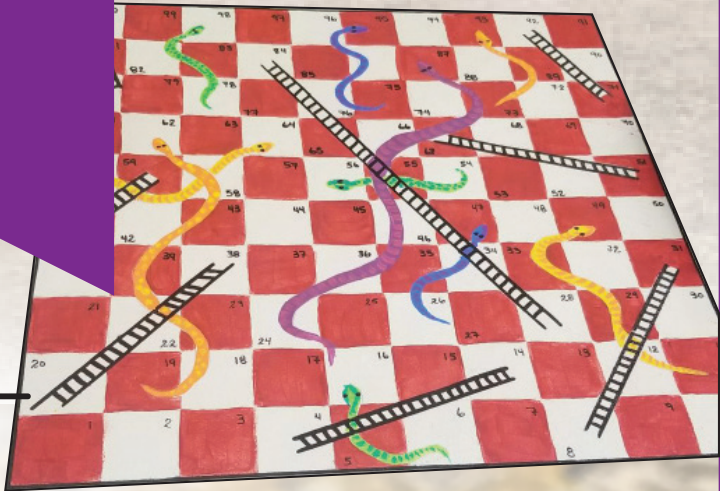
Chantal Chinni

delwood.ca/hall
hall@delwood.ca

Community Cafe

WEDNESDAYS
7:00 pm

drop-in
— FREE —



Join us at the Delwood Rink Shack

for board games, cards, social activities,
light refreshments, and community time
perfect for all ages.

Meet your neighbours and make new friends!

Memberships will be sold at the Community Cafe

Delwood Community League

MEMBERSHIP PERKS

Purchasing a Delwood Membership is one of the best ways to support your local community league, and includes plenty of perks, including:

- Free Ice Skating
- Free Community Swim
- Free membership at the Edmonton Tool Library (EdmontonToolLibrary.ca)

Delwood Community League Discounts on:

- Sponsored Programs & Events
- Hall Rentals
- Table/Booth Rentals

Other Discounts include:

- City of Edmonton's sports and fitness facilities for Community League Members:
 - Annual Pass -20% off Adult, Family, Child, Youth or Senior Annual Passes
 - Continuous Monthly Pass -20% off using Pre-Authorized Debit Program
 - Multi Admission Pass -15% off multi-admission pass (starting at 5 visits)
- Discounts with many local businesses

Purchase your 2023-2024 Membership (September 1, 2023 - August 31, 2024) today online at delwood.ca/membership, by emailing membership@delwood.ca, or by visiting us at one of our in-person events.


Delwood
a great place to grow
MEMBER

\$10
for a **seniors**
household

\$25
for a household
up to 2 adults

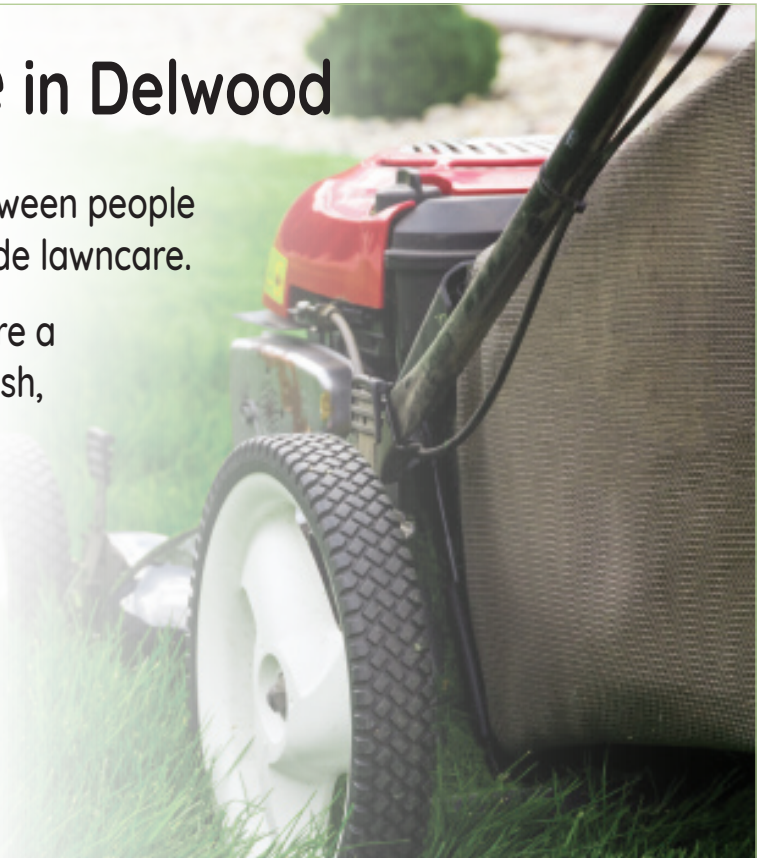
Lawn Care Service in Delwood

Delwood provides a match-up service between people who need lawncare and people who provide lawncare.

If you provide a grass cutting service or are a student looking to make some summer cash, add your name to our list.

If you are in need of lawn care assistance, call us and we can connect you!

Phone **780.475.6806**
and leave a message; or email
seniors@delwood.ca



Yoga & Meditation

at Delwood Hall

Every Wednesday 7:00 - 8:15pm

Perfect for beginners and yoga enthusiasts alike

Sakalya yoga follows many of the principles and techniques of ancient practices in that it is inclusive of Mantras (chanting), Mudras (gestures and hand poses), Meditation, Asana (body postures and flows) and Kriyas (a technique or action that leads to liberation). Kriya removes energetic blocks, increases energy and enlivens the nervous system.

All you'll need is a yoga mat, a cushion, some water and willingness.

Non Community League Members
\$20 drop-in

Community League Members:
\$18 drop-in
\$85 for 5 classes
\$160 for 10 classes



LEarn more at delwood.ca/yoga or email YEGsakalya@gmail.com



**BEGINNERS
WELCOME!**

**Tuesdays &
Thursdays**

Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall (7515 Delwood Road). **JOIN TODAY!**

For more information or to register call

780-238-KICK (5425)

visit us online on Facebook or at **premierma.net**

Little Dragons Program

5:30 - 6 pm

Ages 4 - 5

- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

Kid's Classes

6 - 6:45 pm

Ages 6 - 14

White - Yellow

- This program teaches focus, discipline and better learning habits through routines
- Gain leadership skills through teamwork exercises
- Acquire confidence through self defense

6:45 - 7:30 pm

Orange - Brown

Adult Classes

8 - 8:45 pm

Ages 15+

- Training fit to your needs
- Great exercise through high energy classes
- Good stress reliever

ONLY \$100/month. Community League Members who work a volunteer shift receive a one time \$75 credit.

START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!

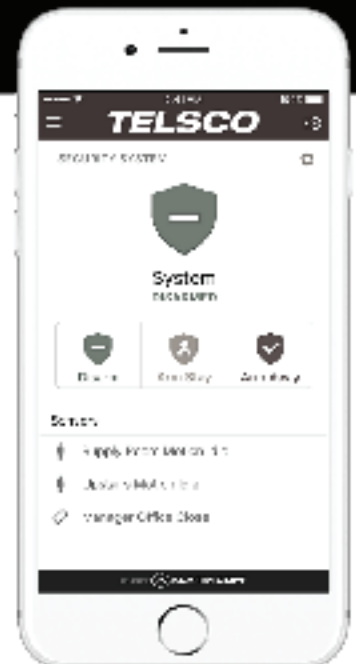
TELSCO

SECURITY • FIRE • VIDEO • ACCESS

Protecting our Community Since 1970

Smart Security for your Home and Business

- ✓ Alarm Systems
- ✓ Monitored Smoke & CO Detectors
- ✓ Video Cameras
- ✓ Flood, Freeze & Sump Monitoring
- ✓ Video Doorbells
- ✓ Edmonton Monitoring Centre
- ✓ Home Automation
- ✓ For New or Existing Security Systems



780.424.6971 • telsco.com

The Delwood Community League
is in need of volunteers to
help at our upcoming
evening bingo dates:

**VOLUNTEERS
NEEDED!**

Your contributions are invaluable!

Fort Road Bingo

Thursday May 23

Wednesday September 11

Wednesday September 25

Wednesday October 30

Saturday November 9

Wednesday December 11

Kensington Bingo

Thursday May 23

If you are able to lend a hand,
please visit

delwood.ca/volunteer

or email **hall@delwood.ca**

Seniors: what can the Delwood Community do for you?



Do you have suggestions or
ideas for activities, events
or classes for seniors in the
Delwood Community?

Could Delwood be serving
you better?

Contact your Seniors Liaison,
Josie Palosky, at

780-476-7803 or
seniors@delwood.ca

to share your thoughts.

Delwood School's Out Family Dance

Celebrate the
end of the school
year at this event.
Perfect for the
whole family!

Friday, June 21
7 - 9 pm

at Delwood Hall
7515 Delwood Road NW



Take pics at our
free photo booth



Concession on Site
cash • credit • debit

Admission **\$5**
Community League Members **FREE**