



## **DELWOOD IN DECEMBER** *Join in the winter fun!*

It's been a long few months for everyone. We hope you've all been taking good care of yourselves and each other.

While we have missed seeing each other at the Christmas Craft Sale, we have heard a lot of great ideas on how to stay connected and active during this challenging time:

- **Hello** — a phone call or that thing called Zoom can make a difference to someone who lives alone no matter where they live.
- **Exercise!** A walk around the block, a sled down

Delwood hill, building a snowman or snow sculpture in the front yard, or dancing in the dark are all great ways to stay healthy and happy.

- **Cooking a meal from scratch**, learning a new craft, colouring a picture are all great ways to spend time together or create a gift to brighten someone else's day.

As winter is upon us, it becomes more challenging to entertain ourselves and to visit our loved ones.

Delwood is getting in the spirit with three different contests for the month of December. Join in the fun! Then check out the neighbourhood for the results.

## 2020/2021 Delwood Community League Executive

### PRESIDENT

Greg Sorenson 780.472.7864  
president@delwood.ca

### VICE PRESIDENT

#### Administration/Secretary

Victoria Powluk secretary@delwood.ca

### VICE PRESIDENT – Operations

Craig Turner vp-operations@delwood.ca

### TREASURER

Darlene Clark 780.475.0028  
treasurer@delwood.ca

### CIVICS DIRECTOR

Krystal Mah dir-civics@delwood.ca

### COMMUNICATIONS DIRECTOR

Carol Dragich Bishop 780.439.1235  
dir-communications@delwood.ca

### MEMBERSHIP DIRECTOR

Roberta Lapointe dir-membership@delwood.ca

### PROGRAM DIRECTOR

Kim Mah dir-program@delwood.ca

### SENIORS LIAISON DIRECTOR

Josie Palosky 780.476.7803  
Carolyn Taylor 780 475-6806  
dir-seniorsliaison@delwood.ca

### SPORTS DIRECTOR

Al Clark 780.475.0028  
dir-sports@delwood.ca

### FACILITIES DIRECTOR

Vacant dir-facilities@delwood.ca

### FUNDRAISING DIRECTOR

Vacant dir-fundraising@delwood.ca

## Delwood Community League

7515 Delwood Road  
Edmonton, AB T5C 3A9  
views@delwood.ca  
www.delwood.ca



facebook.com/DelwoodAGreatPlaceToGrow

## Executive Meetings

Delwood Community League Executive meets the third Monday of every month at 6:30 p.m.

Delwood residents who have ideas to share or questions are welcome to attend a meeting or contact a member of the executive.

## Delwood Hall Rental Information

Rental Type	Public Rate	Delwood Resident Member Rate
Friday/Saturday	\$450	\$350
Sunday	\$300	\$200
Weekday	\$200	\$150
Wedding Package (Fri 4 p.m. - Sun 4 p.m.)	\$800	\$700
Funeral Package	\$100	\$50
Hourly Rate	\$40	\$35

Sanitization fee: \$125

All rentals must adhere to AHS restrictions and protocols. For more information on our hall, or to make a booking, contact our Hall Facilitator:

Chantal Chinni 780.406.9022  
hall@delwood.ca

# JOIN DELWOOD EXECUTIVE

## Fundraising Director

The Fundraising Director is an essential position on Delwood's executive. This person helps coordinate and oversee fundraising opportunities for the Community League.

This person, works with the Volunteer Coordinator and other team leaders for fundraising activities, such as kids movies and dances, garage sales, fall festival, and more. These projects are in coordination with the playground committee and other dedicated leaders.

## Facility Director

Do you like to tinker and have some spare time? Do you take pride in a well-maintained building? We are seeking a Facilities Director to help with basic day-to-day tasks around the hall and rink shack. No snow-shovelling or lawncare required. We have a plumber, electrician, and other handy volunteers that are here to help out, so the position is really about coordinating the little things that matter so much to the community. This person would work in coordination with the VP-Operations.



If you have been considering joining a fun and social group of community members, now would be a great time to put your talents and volunteer time to good use.

If you are interested in either of these positions, please contact Greg at 780-472-7864 or [president@delwood.ca](mailto:president@delwood.ca)



## Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Centre (7515 Delwood Road). **JOIN TODAY!**



## BEGINNERS WELCOME!

### Little Dragons Program Ages 3 - 5

- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

### Kid's Classes Ages 6 - 14

- This program teaches focus, discipline and better learning habits through routines
- Gain leadership skills through teamwork exercises
- Acquire confidence through self defense

### Adult Classes Ages 15+

- Training fit to your needs
- Great exercise through high energy classes
- Good stress reliever

### Schedule — Tuesday/Thursday

Little Dragons	5:30 - 6 p.m.
Kid's White - Yellow	6 - 6:45 p.m.
Kid's Orange - Brown	6:45 - 7:30 p.m.
BBM Class	7:30 - 8:15 p.m.
Adult Class	8:15 - 9 p.m.

For more information  
or to register call  
**780-238-KICK(5425)**  
or visit us online on  
Facebook or at  
**[www.premierma.net](http://www.premierma.net)**

**ONLY \$100/month. Community League Members receive \$10/mo discount.**  
**START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!**

## Delwood Community League

# Nordic Walking Program

Join our fun and entertaining group for up to a 5km walk around Delwood.

Starting with a warm-up, led by our enthusiastic leader Kim, the group heads out on a loop of Delwood.

If a shorter distance suits you, there are many opportunities to shorten the route to fit everyone's abilities.

The group finishes with cool down stretches before heading home.

Walk once per week or walk all three times!



*Walking poles provided.*

**Tuesday, Thursday or Sunday**

\$3 drop-in or **FREE** with Community League Membership

**Call Kim at 780-478-8888** for more information and to register.

**Temporarily Postponed**

## Councillor Tony Caterina

City of Edmonton – Ward 7



**Communities to be proud of!**

**780.496.8333**

**tony.caterina@edmonton.ca**

## Need some extra money this winter?

Looking for people interested in snow removal.

### Delwood residents, do you need someone to provide snow removal this winter?

Delwood Community League is matching snow removal providers with people needing assistance in clearing snow from sidewalks and driveways.

**Phone 780-475-6806 or 780-476-7803**

Please leave a message if there is no answer.



## Delwood Community League Playground Revitalization Online 50/50 Fundraising Raffle

All proceeds raised will go towards developing a safe and fun place for families to gather and enjoy. Help support Delwood Community League in maintaining our wonderful neighbourhood.

## \$1000 guaranteed payout

1 for \$10 • 3 for \$20  
10 for \$50 • 25 for \$100

Limited number of tickets

**Ticket Sales Close December 24, 2020**  
**Draw Date January 1, 2021**

AGLC #

For more info go to [delwood.ca](http://delwood.ca), or to our Facebook page or email [hall@delwood.ca](mailto:hall@delwood.ca)



If the last while has all been too much, please consider reaching out to a friend, a family member, a neighbour, even a stranger.

### IMPORTANT PHONE NUMBERS

Health Link - Health Advice 24/7	811
Family Violence Info Line	310-1818
Poison & Drug Information Service	1-800-332-1414
Kids Help Phone (Youth Counselling Line)	1-800-668-6868
Addiction Services Helpline	1-866-332-2322
Mental Health Helpline	1-877-303-2642

[myhealth.alberta.ca/Pages/HealthInfoToolsDefault.aspx](http://myhealth.alberta.ca/Pages/HealthInfoToolsDefault.aspx)  
[www.alberta.ca/enhanced-public-health-measures](http://www.alberta.ca/enhanced-public-health-measures)

## SENIORS

**here is your opportunity to tell Delwood what you would like for the community to do for you!**

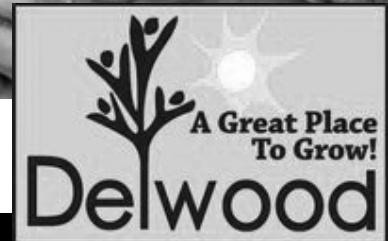
We would like to be able to serve you and put in place things you would like to see happen in Delwood. Such as activities, sports, card games, craft sale and baking sales, exercise classes, senior dances, group activities, etc.

If you have any ideas or suggestions on what you would like to see happen in the Delwood Community, let us know. It could be anything that is of interest to you and your friends.

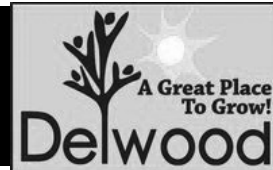
Please contact your  
Delwood Seniors Liaison Directors

**Carolyn Taylor** or **Josie Palosky**  
**780-475-6806**      **780-476-7803**

Please leave a message if there's no answer. Thank- you!



## Delwood Community League MEMBERSHIPS



Did you know for \*\$25 a household you will get all of the following?

- Discounts on Delwood Sponsored Programs & Events
- Free Ice Skating
- Discount on Delwood Hall Rentals
- Discounts on Table/Booth Rentals at our Events
- Present your membership card at any one of the City of Edmonton's sports and fitness facilities and get these discounts:
  - Annual Pass — Community League members receive a 20% discount on Adult, Family, Child, Youth and Senior Annual Passes.
  - Continuous Monthly Pass — Community League members enjoy a 20% discount on Continuous Monthly Membership Program using our convenient Per-Authorized Debit Program.
  - Multi Admission Pass — Community League members receive a 15% discount on our already discounted multi admission pass (starting at 5 visits).
- Discounts with some of our local businesses

*\*Only \$10 for  
Seniors Household*

**Contact Roberta Lapointe, Membership Director at [dir-membership@delwood.ca](mailto:dir-membership@delwood.ca)**

Memberships can also be purchased online at [www.efcl.org/Store/PurchaseLeagueMembership](http://www.efcl.org/Store/PurchaseLeagueMembership)



# Front Yard Decorating Contest

You've made some amazing front yard snow sculptures in the past.

***Let's do it again for this winter season!***

Build a snow sculpture, light the trees.  
Let's make Delwood a wonder for everyone!

**Enter by December 13, winner announced December 16.**

Winner will be contacted and announced at [delwood.ca](http://delwood.ca)  
and on Facebook. *(Your name and address won't be published without your permission.)*



Send us your address in a private message by December 13 to [views@delwood.ca](mailto:views@delwood.ca), post it to Facebook, or text 780-720-6263.



## WIN A HOLIDAY DINNER

Win a \$50 gift certificate to Save-On-Foods when your yard is chosen as the most festive design.



# Bring joy to the table.

Donate today to give a festive meal  
to Edmontonians in need.



[ChristmasBureau.ca](http://ChristmasBureau.ca)

## ARE YOU THINKING OF SELLING? Picture it sold with Milligan Realty!

Call Sandra for a **FREE**  
**Market Evaluation!**  
**780.478.5381**



**Real Estate and Property Management**  
Family Owned and Operated Business Since 1979

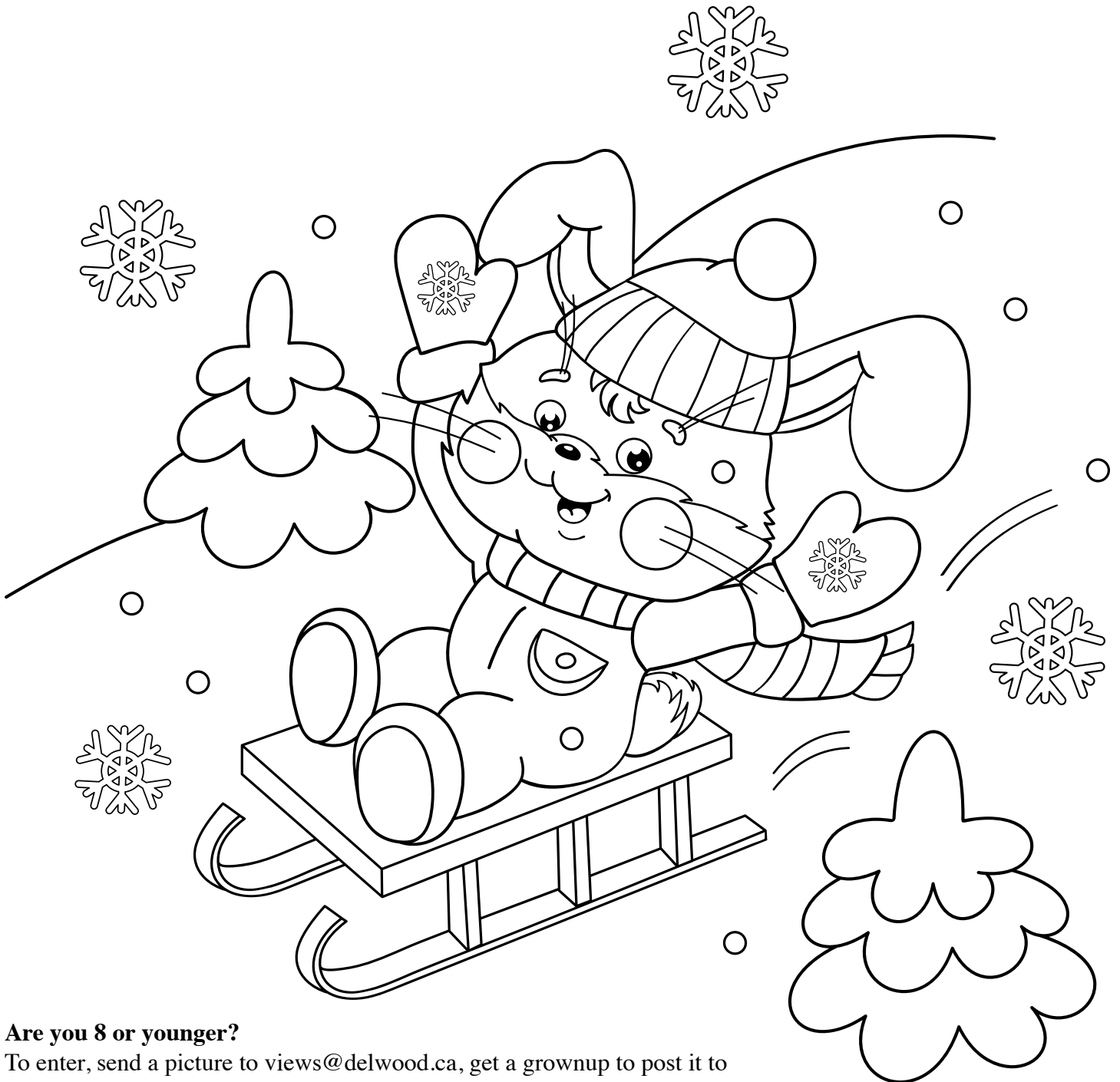
7308 Delwood Road, Edmonton, AB T5C 3A7

This is not intended to solicit persons or property under contract.





# Delwood Colouring Contest



## Are you 8 or younger?

To enter, send a picture to [views@delwood.ca](mailto:views@delwood.ca), get a grownup to post it to Facebook, or drop it in our mailbox at Delwood Hall.

Please message us privately your name, age and phone number or print on the the back if you are dropping it in the mailbox.

Enter by December 13. Winner announced on December 16.  
Winner will receive a Christmas Gift Basket

Send entries to  
[views@delwood.ca](mailto:views@delwood.ca), post it to  
Facebook, or text 780-720-6263.

# Winter Window Decorating Contest

## HOW TO MAKE PAPER SNOWFLAKES



We loved your spring windows! Let's do it again for this winter season!

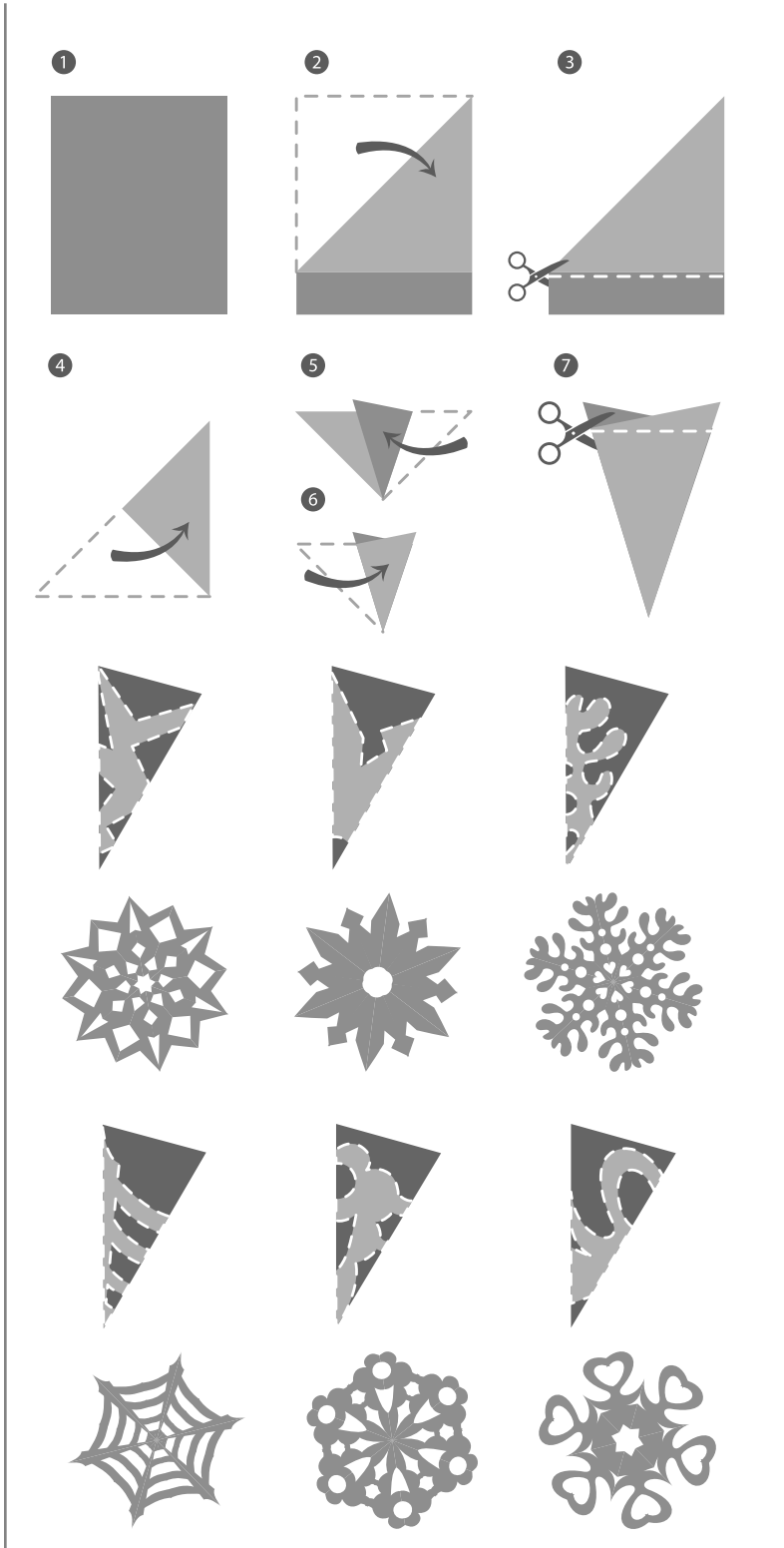
Decorate your house window and send us a message to enter the contest to [views@delwood.ca](mailto:views@delwood.ca), post it to Facebook, or text 780-720-6263.

Winner will be announced at [delwood.ca](http://delwood.ca) and on Facebook. (Your name and address won't be published without your permission.)

**Enter by December 13,  
winner announced December 16.**

# WIN A HOLIDAY DINNER

Win a \$50 gift certificate to Save-On-Foods when your window is chosen as the most festive design.





Emergency  
Medical  
Services



## Yielding to Emergency Vehicles

Time is the enemy in an emergency. For everyone's safety, it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

### When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use *any* available road space to maneuver. This could include shoulders or turning lanes, etc., in order to pass other traffic.

### When operating a vehicle:

- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving in the lane next to a stopped emergency vehicle, including tow trucks, with their lights activated. If you're not in the lane next to the stopped vehicles, reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00;
- Always leave plenty of space between your vehicle and an emergency vehicle, should it be required to stop suddenly.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

# Delwood Community League's Outdoor Skating Rink

We have two rinks: one for all-ages hockey and one for family skating & small children



## Public Skating Times

### **MONDAY - FRIDAY**

4:30 – 9:00 p.m.

### **SATURDAY & SUNDAY**

1:00 – 7:00 p.m.

### **HOLIDAYS**

Check website/Facebook/hall sign for confirmation.

The rink will look a bit different this year, but we're looking forward to opening safely!

- Rink capacity limits will be in effect to allow for physical distancing
- Access to the rink shack will be limited
- Increased cleaning & sanitization measures will be in effect

Here are a few things to remember:

- Read all posted signage and follow all safety rules in place
- Check-in when you arrive so that we can maintain a contact-tracing list
- Maintain physical distancing at all times
- Wear your mask when in the rink shack

**NOTE:** The opening of the rink is dependent on weather. We hope to have the rink open by early December. The rink will be closed when it is above +5°C or below -20°C outside. Please check website/Facebook/hall sign for updates.

**There is no alcohol, cannabis, or cigarette smoking allowed in the rink area at any time.**

### **Community League Members Skate For Free**

with Skate Tags on Skates

### **\$3.00 For Non-Members**

**If you have any COVID-19 symptoms, stay home until it is safe for you to visit.**

***Have a Great Winter,  
Hope to See You Out There  
ENJOYING OUR COMMUNITY!***

\*\* Schedule is subject to change. Please check the website ([delwood.ca](http://delwood.ca)) or Facebook page ([facebook.com/DelwoodAGreatPlaceToGrow](https://facebook.com/DelwoodAGreatPlaceToGrow)).